



Caregiving with Confidence

# WHEN IT'S TIME TO MOVE

A Workshop for Family Caregivers and Professionals

You are invited to attend this informative workshop that will deal with the challenges that may occur when it is time for an older family member to move into housing that is more appropriate for their changing needs.

**When is it time to move?  
How do you access them?**

**What housing options are available?  
Dealing with the emotional impact of a move.**

Tuesday, January 26<sup>th</sup>, 2010  
1:00 – 4:00 p.m. Registration - 12:30 p.m.

St. George's Anglican Church  
168 Wilton Street

Facilitators:

Kathy Taylor - *Project Director Community Housing, Long Term Care, WRHA*  
Ruth B.Z. Thomson, MSW, RSW - *Older Adult Specialist*

Registration Fee - \$5.00 by January 22, 2010  
(\$10.00 if registering after January 22 or at the door)

Refreshments will be served.

Please register early as space is limited.

For further information call 452-9491.

## “WHEN IT'S TIME TO MOVE” WORKSHOP REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Please attach registration fee of \$5.00 – cheque payable to Rupert's Land Caregiver Services

Send to Rupert's Land Caregiver Services – 168 Wilton Street – Winnipeg, MB – R3M 3C3